
COURSE OUTLINE – CRITICAL THINKING FOR RMTs

COURSE DESCRIPTION

This course provides participants with the major concepts of critical thinking and then applies them to the practice of massage therapy. Through an exploration of various readings and expert views on the subject, and through practice exercises using a case study approach, the participant develops the attributes of critical thought and applies them to situations of patient care. The course provides a staged approach to critical thinking skills development and application. Success in one stage leads to development in the next.

Pre-requisites: RMT

Co-requisites: None

LEARNING OUTCOMES

Upon completion of this course, students will be able to:

- Provide a clear definition of critical thinking.
- Identify and prioritize the data required to make sound judgments.
- Use an organized, critical approach to assessment.
- Accurately identify and prioritize risks and problems.
- Clarify and challenge own and others' assumptions about the patient and his/her health care needs.
- Critically reflect on the impact of one's communications with the patient.
- Identify the significance of the RMT's conduct with the patient.
- Check for accuracy and reliability of information.
- Critically analyze the impact of environmental factors on (RMT) practice and the patient's health care outcomes.
- Apply critical thinking to the analysis of massage therapy case studies and reports.
- Critically appraise patient needs and identify appropriate interventions.
- Provide evidence-informed treatment to patients.
- Accurately identify and resolve problems.
- Evaluate conclusions and adapt thinking.

Course Hours: (CMTBC 3 credits)

Modes of Instruction and Learning

This course is delivered through online modes of teaching and learning. These include reading and review of course commentary and journal articles, and completion of a variety of learning activities. A final exam must also be completed with a 70% or above passing grade.

Assessment

Participants are required to successfully complete all learning activities in the online course in order to obtain the course certificate. Participants will use the learning activities and tools to self-assess knowledge and progress.

Technical Issues (Reminder)

The course may be attempted using both desktop and mobile devices, but due to possible conflicts that may arise between software and browser version compatibility, the recommended systems and browsers for an optimized experience are as follows:

Windows	Google Chrome (latest version) Microsoft Edge (latest version) Internet Explorer 11 or later Firefox (latest version)
Mac	Google Chrome (latest version) Safari (latest version) Firefox (latest version)
Mobile	Safari in Apple iOS 10 or later Google Chrome in Apple iOS 10 or later Google Chrome in Android OS 4.4 or later

Technical problems can arise from a number of sources in online learning programs. Participants having technical difficulties should report them to JCC Inc. as soon as possible by e-mail.