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## ***COURSE OUTLINE – ADDICTIONS AND MENTAL HEALTH***

### ***COURSE DESCRIPTION***

The field of addictions and mental health is an ever-changing one, due to the amount of research being conducted into this major social and health problem. This course provides the latest updates in perspectives on addictions and mental health, understanding of the addictions process and the best practices in terms of treatment approaches and outcomes. The “marriage” of mental health and addictions services in BC is still a recent innovation, and the benefits and disadvantages of this approach are discussed. Though much of the addictions data comes from worldwide study and literature, it is applied to the context of psychiatric nursing in Canada, generally, and BC, in particular, throughout the course. The latest substances being used on the streets, their effects and withdrawal effects are reviewed, as well as the requisite treatment in each case. The approaches to changing addictive behaviours and substance misuse are presented in a comprehensive model which psychiatric nurses are able to apply in their practice.

**Pre-requisites:** Graduation from an entry-level psychiatric nursing program.

**Co-requisites:** None.

### ***LEARNING OUTCOMES***

Upon completion of this course, participants will be able to:

- Provide an overview of substance use and misuse
- Discuss the challenge of defining “addiction”
- Explain the concept of “concurrent-disorders”
- Describe a number of current international, federal and local government approaches to substance use: politics and policy
- Describe a range of treatment models for addictions
- Describe the roles and contribution of psychiatric nursing to the field of addictions
- Cite the ethical issues related to addictions and psychiatric nursing

### **Course Hours:**

4 contact hours per week, for 9 weeks. (N.B. These hours are estimates only.)

### **Modes of Instruction and Learning**

This course is delivered through online modes of teaching and learning. This includes reading and literature search, short assignments, critiquing journal articles and providing responses to various scenarios. The course also includes feedback and critique, provided by the education consultant, to review and strengthen the participant’s work and progress.

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### **Assessment and Evaluation**

Participants are required to achieve a **‘Complete’** or **‘Mastery’** grade in all assessable components of the course in order to receive a certificate of completion. The specific criteria for success will vary with the type of assignment and are indicated in each assignment description. Generally, participants will be able to resubmit up to 3 times when a learning activity is deemed by the education consultant as not meeting or addressing some or all of the competencies. The number of resubmissions allowed in each learning activity is at the education consultant’s discretion.

Though we strive to respond to learning activity submissions within 3 to 5 days, they will be graded within a maximum of 14 days. We ask course participants to contact the office and provide a reminder if they have not heard from us **by 10 days after submission** of an assignment. Exceptions to these timeframes apply under unusual circumstances, such as when a participant registers for a course and then delays starting or begins the course and is then absent for an extended period of time. Additionally, participants are expected to complete and submit assignments progressively over the duration of the course; it is not acceptable for a participant to suddenly submit multiple assignments over one or two days. Participants should follow the directions provided in the course. In any of these situations, the normal timeframe for return of assignments may be extended at the discretion of, and according to the needs of, the education consultant.

### **Attendance and Participation**

You are expected to be working on the course and learning activities on a regular basis and to indicate to the education consultant how you are progressing or if you need assistance to progress. Failure to maintain regular communication for a prolonged period (30 days) could result in your being withdrawn from the online learning centre. A reinstatement fee of \$100.00 may be payable should you wish to continue with the course after this time. If you repeat the same failure to maintain communication for a **second time**, you will be required to pay another reinstatement fee of \$100.00. If you repeat the same failure to maintain communication for a **third time**, or if you are absent for a period of six months without communication (even if this is your first time failing to communicate regularly), you will have to pay the entire course and administration fees over again. Decisions in this regard are at the sole discretion of JCC Inc.

The deadline for completing this course is officially set at 12 weeks from the date you first log onto the course-specific site. However, if you maintain regular activity and progress in the course, and communicate when you anticipate an extended period of absence, this deadline will not be applied.

### **Technical Issues (Reminder)**

Technical problems can arise from a number of sources in online learning programs. Participants having technical difficulties should report them to JCC Inc. as soon as possible by e-mail, fax or phone. The general Moodle site or e-mail will be used to notify participants of any known issues. Please read the front page on Moodle (before logging in) and check your e-mail frequently to keep aware of current conditions and issues. Participants will not be penalized for technical problems which arise from our LMS or the Server. Requests for assistance will be given priority responses.

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### **Withdrawal & Refund Policy**

To withdraw from continuing education at JCC Inc., all participants must provide written notice. The date upon which this written notice is received will be used to determine the amount of any potential refund based upon the following policy:

- (a) If written notice of withdrawal is received by JCC Inc. or a participant is dismissed within 4 calendar days since the participant received the introductory email<sup>1</sup>, then JCC Inc. may retain 30% of the tuition.
- (b) If written notice of withdrawal is received by JCC Inc. or a participant is dismissed after 4 calendar days and within 12 calendar days since the participant received the introductory email<sup>1</sup>, then JCC Inc. may retain 50% of the tuition.
- (c) If written notice of withdrawal is received by JCC Inc. or a participant is dismissed at any point after 12 calendar days since the participant received the introductory email<sup>1</sup>, then JCC Inc. may retain 100% of the tuition.

**\*N.B.:** Notice must be received by e-mail to [info@jcollinsconsulting.com](mailto:info@jcollinsconsulting.com) by 4:00 p.m. (PST) on or before the days stated above.

<sup>1</sup> The introductory email provides the participant's username and password which grant access to the Online Learning Centre. The introductory email is considered to have been received by the participant when JCC Inc. sends it to the email address provided by the participant in the application form.

**All program participants are required to read the "Site Policies" on the Online Learning Centre front page. The URL sent to you in the registration e-mail, with your username and password, will take you to this page. These documents have important policy information and assistance with assignments. You will be subject to the policies and expectations outlined in these documents, therefore, it is critical that you read them before starting your module/course.**