
COURSE OUTLINE – INTEGRATED PSYCHIATRIC NURSING PRACTICE (ID# IPN05)

COURSE DESCRIPTION

This course provides participants with an overview of several key components of psychiatric nursing theory – psychopathology, psychopharmacology, therapeutic relationships, therapeutic use of self and psychiatric nursing theory. After exploring each individual component, learning activities provide the basis for creating an integrated approach to the clinical issues presented in case studies and assignments. The approach to learning in this course is one which encourages the use of critical thinking by the learner and encourages them to review the literature for evidence to support postulations about psychiatric nursing practice.

Pre-requisites: Graduation from an entry-level nursing program.

Co-requisites: None.

LEARNING OUTCOMES

Upon completion of this course, participants will be able to:

- Identify the various propositions for the psychopathology of mental illnesses
- Associate psychotropic drugs with the treatment of appropriate mental health challenges
- Describe the actions, effects and major side effects of psychotropic drugs
- Identify effective nursing interventions associated with the effects/side effects of psychotropic drugs
- Present integrated psychiatric nursing approaches to a variety of client situations and conditions
- Critically analyse the extant literature on psychiatric nursing
- Demonstrate an understanding of the therapeutic use of self and therapeutic interventions used by psychiatric nurses.
- Assess the ethics of various approaches and situations faced by psychiatric nurses in their practice.

Course Hours:

3 contact hours per week, for 12 weeks.

Modes of Instruction and Learning

This course is delivered through online modes of teaching and learning. This includes reading and literature search, short assignments and providing responses to various case study scenarios. The education process also includes processing the readings and the ideas contained therein, and identifying their applications to specific psychiatric nursing contexts.

Assessment and Evaluation

Participants are required to achieve a 'Mastery' grade in all assessable components of the course in order to receive a certificate of completion. The specific criteria for success will vary with the type of assignment and are indicated in each assignment description. Generally, participants will be able to resubmit once when an assignment is deemed by the Consultant as not meeting some or all of the competencies. The maximum number of resubmissions allowed is two (for a total of 3 attempts) and, even then, only at the instructor's discretion.

Assignments will be graded within a maximum of 14 days. We ask course participants to contact the office and provide a reminder if they have not heard from us by 10 days after submission of an assignment. Exceptions to these timeframes apply under unusual circumstances, such as when a participant registers for a course and then delays starting or begins the course and is then absent for an extended period of time. Additionally, participants are expected to complete and submit assignments progressively during the course; it is not acceptable for a participant to suddenly submit multiple assignments over the course of one or two days. In any of these situations, the normal maximum of 14 days for return of assignments may be extended at the discretion of, and according to the needs of, the consultant. Moreover, in the event that a participant needs to be reinstated in a course (see Attendance and Participation subsection below), return of assignments may be further delayed by any work-related travel the consultant originally had planned in the new period.

Required Textbooks

Many resources are provided in the online course, but we recommend that you obtain the following texts to support your learning in this course:

- Austin, W., Kunyk, D., Peternelj-Taylor, C.A., and Boyd, M.A. 2019. 4th Edition. *Psychiatric and Mental Health Nursing for Canadian Practice*. Philadelphia: Wolters Kluwer/Lippincott Williams (The 3rd edition is available and suitable for this course, too)
- Access to DSM V – some online links provided in the course.
- Any Psychotropic drug text less than two years old

Recommended readings to obtain from a library or online source:

- Barker, P. & Davidson, B. (Eds.) 1998. *Ethical Strife*. London, New York: Arnold Pubs
Chapter 1; pp.1-14 and Chapter 2; pp.19-25
- Breggin P. R. 1991. *Toxic Psychiatry*. N.Y.: St. Martin's Press
- Caplan P. J. 1995. *They Say You're Crazy*. Don Mills Ontario: Addison-Wesley Publishing Company
- Kirk, S.A. 2005. *Mental disorders in the social environment*. New York: Columbia University Press
Chapter 1, pp. 1-19; Chapter 3, pp. 45-61

Attendance and Participation

The deadline for completing this course is 12 weeks from the date you first log onto the course-specific site. You are expected to be working on the course and assignments on a regular basis and to indicate to the Consultant how you are progressing or if you need assistance to progress. Failure to complete this course within the deadline or to maintain regular communication for a prolonged period (one month) could result in your being suspended from the online learning centre. A reinstatement fee of \$100.00

will be payable should you wish to continue with the course after this time. If you repeat the same failure to maintain communication for a second time, you will be required to pay another reinstatement fee of \$100.00. If you repeat the same failure to maintain communication for a third time, or if you are absent for a period of six months without communication (even if this is your first time failing communicate regularly), you will have to pay the entire course and administration fees over again. Decisions in regard to this policy are at the sole discretion of JCC Inc.

Technical Issues (Reminder)

Technical problems can arise from a number of sources in online learning programs. Participants having technical difficulties should report them to JCC Inc. as soon as possible by e-mail, fax or phone. Notices posted on the Moodle site or e-mail will be used to notify participants of any known issues. Please read the notices on Moodle when you log in and check your e-mail frequently to keep aware of current conditions and issues. Participants will not be penalized for technical problems which arise from our LMS or the Server. Requests for assistance will be given priority responses.

Withdrawal & Refund Policy

In order to withdraw from continuing education at JCC Inc., all participants must provide written notice. The date upon which this written notice is received will be used to determine the amount of any potential refund based upon the following policy:

- (a) If written notice of withdrawal is received by JCC Inc. or a participant is dismissed within 9 calendar days since the participant received the introductory email¹, then JCC Inc. may retain 30% of the tuition.
- (b) If written notice of withdrawal is received by JCC Inc. or a participant is dismissed after 9 calendar days and within 27 calendar days since the participant received the introductory email¹, then JCC Inc. may retain 50% of the tuition.
- (c) If written notice of withdrawal is received by JCC Inc. or a participant is dismissed at any point after 27 calendar days since the participant received the introductory email¹, then JCC Inc. may retain 100% of the tuition.

***N.B.:** Notice must be received by e-mail to info@jcollinsconsulting.com by 4:00 p.m. (PST) on or before the days stated above.

¹ The introductory email provides the participant's username and password which grant access to the Online Learning Centre. The introductory email is considered to have been received by the participant when JCC Inc. sends it to the email address provided by the participant in the application form.

All program participants are required to read the "Site Policies" on the Online Learning Centre front page. The URL sent to you in the registration e-mail, with your username and password, will take you to this page. These documents have important policy information and assistance with assignments. You will be subject to the policies and expectations outlined in these documents, therefore, it is critical that you read them before starting your module/course.