B320 - 1410 Parkway Blvd, Coquitlam, B.C. V3E 3J7 •

Ph: 604-554-0155

Email: info@jcollinsconsulting.com • Web: www.jcollinsconsulting.com



# COURSE OUTLINE – Time Management for Nursing Practice (TMNP016)

#### **COURSE DESCRIPTION**

This course provides a detailed look at the issues of time management in relation to nursing practice. Since this issue is often related to personal ways of being, the module starts from a broader perspective to consider time management overall. Adapting the learning from this exploration to nursing issues and professional practice, the module provides the participant with solutions and planning to become more effective in the workplace.

**Pre-requisites:** Graduation from an entry-level nursing program.

**Co-requisites**: None.

#### LEARNING OUTCOMES

Upon completion of this course, participants will be able to:

- Self-assess their current time management functions at work
- Identify strategies and skills for managing time more effectively
- Examine these strategies and skills in a nursing practice context
- Analyse their current functioning around time management in relation to the content provided in this module
- Apply learning to their current nursing practice
- Develop a plan for more effective time-management in their roles as nurses

# **Course Hours:**

4 contact hours per week, for 6 weeks.

#### **Modes of Instruction and Learning**

This course is delivered through online and blended modes of teaching and learning. This includes reading and literature search, short assignments, critiquing and providing responses to various case scenarios. The module also includes tutorial sessions with a nursing consultant.

### **Assessment and Evaluation**

Participants are required to achieve a 'Mastery' grade in all assessable components of the module in order to receive a certificate of completion. The specific criteria for success will vary with the type of assignment and are indicated in each assignment description. Generally, participants will be able to resubmit once when an assignment is deemed by the Consultant as not meeting some or all of the

TMNP016 March 2018

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competencies. The maximum number of resubmissions allowed is three and, even then, only at the instructor's discretion.

Assignments will be graded within a maximum of 14 days. We ask module participants to contact the office and provide a reminder if they have not heard from us by 10 days after submission of an assignment. Exceptions to these timeframes apply under unusual circumstances, such as when a participant registers for a module and then delays starting or begins the module and is then absent for an extended period of time. Additionally, participants are expected to complete and submit assignments progressively over the course of the module; it is not acceptable for a participant to suddenly submit multiple assignments over the course of one or two days. In any of these situations, the normal maximum of 14 days for return of assignments will be extended at the discretion of, and according to the needs of, the consultant. Moreover, in the event that a participant needs to be reinstated in a module (see Attendance and Participation subsection below), return of assignments may be further delayed by any work-related travel the consultant originally had planned in the new period.

#### **Required Textbooks**

As a Licensed Practical Nurse, there may be additional library options available to you. Please contact us for more details.

- 1. Arnold, E.C. & Underman Harrington, N., & Terry, C. (2009). *LPN to RN Transitions: Achieving Success in Your New Role* (3rd ed.). Philadelphia, PA: Lippincott Williams & Wilkins. Chapter 14, pp.334-348
- 2. Marquis, B., & Huston, C. (2012). *Leadership and Management Tools for the New Nurse: A Case Study Approach*. Philadelphia, PA: Lippincott Williams & Wilkins. Chapter 15, pp.307-324
- 3. Pangman, V., & Pangman, C. (2010). *Nursing Leadership from a Canadian Perspective*. Philadelphia, PA: Lippincott Williams & Wilkins Chapter 12, pp.304-325

# **Attendance and Participation**

The deadline for completing this course is 10 weeks from the date you first log onto the course-specific site. You are expected to be working on the course and assignments on a regular basis and to indicate to the Consultant how you are progressing or if you need assistance to progress. Failure to complete this module within the deadline or to maintain regular communication for a prolonged period (one month) could result in your being withdrawn from the online learning centre. A reinstatement fee of \$100.00 may be payable should you wish to continue with the module after this time. If you repeat the same failure to maintain communication for a **second time**, you will be required to pay another reinstatement fee of \$100.00. If you repeat the same failure to maintain communication for a **third time**, or if you are absent for a period of six months without communication (even if this is your first time failing to communicate regularly), you will have to pay the entire module and administration fees over again. Decisions in this regard are at the sole discretion of JCC Inc.

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# **Technical Issues (Reminder)**

Technical problems can arise from a number of sources in online learning programs. Participants having technical difficulties should report them to JCC Inc. as soon as possible by e-mail, fax or phone. The news forums or e-mail will be used to notify participants of any known issues. Please read the news forum and check your e-mail frequently to keep aware of current conditions and issues. Participants will not be penalized for technical problems which arise from our LMS or the Server. Requests for assistance will be given priority responses.

# Withdrawal & Refund Policy

In order to withdraw from continuing education at JCC Inc., all participants must provide written notice. The date upon which this written notice is received will be used to determine the amount of any potential refund based upon the following policy:

- (a) If written notice of withdrawal is received by JCC Inc. or a participant is dismissed within 7 days since the participant first logged on to the Online Learning Centre, then JCC Inc. may retain 30% of the tuition.
- **(b)** If written notice of withdrawal is received by JCC Inc. or a participant is dismissed after 7 days and within 21 days since the participant first logged on to the Online Learning Centre, then JCC Inc. may retain 50% of the tuition.
- (c) If written notice of withdrawal is received by JCC Inc. or a participant is dismissed at any point after 21 days since the participant first logged on to the Online Learning Centre, then JCC Inc. may retain 100% of the tuition.

\*N.B.: Notice must be received by e-mail to <a href="mailto:info@jcollinsconsulting.com">info@jcollinsconsulting.com</a> by 4:00 p.m. (PST) on or before the days stated above.

All program participants are required to read the "Site Policies" on the Online Learning Centre front page. The URL sent to you in the registration e-mail, with your username and password, will take you to this page. These documents have important policy information and assistance with assignments. You will be subject to the policies and expectations outlined in these documents, therefore, it is critical that you read them before starting your module/course.

TMNP016 March 2018